

# Poppy's

## Learning sessions for you and your team

At Poppy's, a central part of our mission is to ensure that our clients and the wider public have access to the information they need to make informed choices that are right for them. That's why we offer free, group learning sessions for anyone who supports people facing decisions about death, dying and funerals.

Each session is practical, informal, packed with information and includes opportunities to ask questions. It is delivered by one of our friendly and experienced team, drawing on our work in helping families to plan personal, meaningful funerals.

We can deliver either 30-minute introductory sessions or more in-depth hour-long sessions.

## What will the sessions cover?

- What really happens — from when someone dies until their funeral.
- What choices are available at every stage — including spending time with the person who has died.
- What support to expect from your funeral director.
- Why talking about death — openly and honestly — really matters.

## Who are the sessions for?

- Hospice, hospital and palliative care staff
- Care home staff
- Carers' groups
- Celebrants and faith leaders
- Healthcare workers or other professionals working in funeral care or death care
- Community groups
- Anyone supporting people as they face choices about death, dying and funerals.

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## How can these sessions help you?

- It will increase your understanding of the choices available to the clients or patients who you are supporting.
- It will help you provide reassurance and answers to questions from clients and patients who you are supporting.
- We can adapt the content of the session based on the needs and interests of your group or develop bespoke training.

“Thank you so much for coming to talk to our new volunteers. It was incredibly helpful and stimulated so much thought and discussion. It seemed like the main thing that surprised them was that almost anything is possible – most people don't know that.”

Bereavement support organisation

## Get in touch

To find out more or book a session, email [enquiries@poppysfunerals.co.uk](mailto:enquiries@poppysfunerals.co.uk), call 020 3589 4726 or visit [www.poppysfunerals.co.uk/events-talks](http://www.poppysfunerals.co.uk/events-talks) to fill in our online form.

All our sessions are free of charge. We do not require anything in return and will never enter into any sort of agreed exchange of services. We want people to be informed and empowered to make positive choices that are right for them.

